INDUSTRIAL REVOLUTION
industrialrevolution.net
introducing
Z Sleep Chest
2306 Granville St. 604.734.4395

The world's largest global newspaper
metro
VANCOUVER •MONDAY, OCTOBER 6, 2008 metronews.ca

INDUSTRIAL REVOLUTION
industrialrevolution.net
The no installation 'Murphy' bed
2306 Granville St. 604.734.4395

RAFE ARNOTT/METRO VANCOUVER

Nathan Fry's mother, Joanne, left, and his brother, Brandon, leave B.C. Supreme Court in Vancouver yesterday. A jury found Fry guilty on five counts of first-degree murder and on one count of attempted murder in the deaths of five people in a 2006 townhouse fire in East Vancouver.

Fry guilty in arson deaths

KRISTEN THOMPSON
kristen.thompson@metronews.ca

The man accused of setting a house fire that killed a Vancouver family and a friend as they slept has been convicted on five counts of first-degree murder.

Nathan Fry, 20, who was also found guilty of attempted murder, won't be eligible for parole for 25 years.

The jury, which reached its verdict yesterday, heard how Bolingo Etibako, then 16, woke to find his house on fire and jumped out a second storey window.

His mother, three younger siblings and girlfriend died.

Crown counsel Kerr Clark said it was a difficult case for the jurors.

"There's no pleasure that comes from this sentence," he said yesterday. "A situation like this doesn't involve winning or losing. There was never a win in this situation."

Defence lawyer Philip Riddell said Fry is "understandably disappointed."

Throughout the four-week trial, prosecutors alleged Fry set the fire in retaliation for Etibako telling police he was responsible for two recent stabbings.

Fry maintained his innocence, saying he was ripping off grow ops that night.

But a videotape played in court showed Fry admitting to an undercover cop, who Fry thought was an organized crime boss, that he set the fire, providing detailed information about the crime.

Fry countered that he was afraid of the man and would have admitted to anything to impress him.

Vancouver Deputy Chief Doug LePard said the verdict in what he called the worst multiple murder in Vancouver's history was "bittersweet."

"We don't believe (Fry) acted alone ... and we will never close (the) file as long as there is any chance in identifying who that accomplice was," he said.

Appeal deadline

- Nathan Fry's defence lawyer has 30 days to file an appeal.

Election 2008 pg 8
- AdVentures
- Tories to counterattack
- Young Grits spice it up

HineSight pg 17
No complaints = not much fun

Sports pg 14
Whitecaps head to finals

ShareYourViews
vancouverletters@metronews.ca

Please recycle

2010 site gets more than 2M hits in 3 days

TICKETS The website for the 2010 Games received more than two million page views in the first three days that Olympic tickets were available.

The website, vancouver2010.com, experienced traffic volumes that surged to 30 times the normal rate on Friday morning.

VANOC said a lot of the page views were from B.C., but interest in tickets spanned the country.

Information on how many people registered or requested tickets was not available.

The five-week ticket request period runs until Nov. 7. A lottery will determine who will get the tickets for events that have more requests than tickets.

METRO VANCOUVER

Carry-on 'weapons' said to be for trick-or-treat

ABBOTSFORD A 23-year-old man, heading to Ottawa on business, tried to board an airplane in Abbotsford with a fake handgun and replica grenade stashed in his carry-on luggage.

He later claimed they were part of his Halloween costume for a party.

The incident, which occurred at 6 a.m. Saturday, resulted in the closure of the departure area of Abbotsford Airport for more than two hours.

Airport security discovered the grenade when the man's carry-on passed through the X-ray screening. The man was detained and Abbotsford police and an RCMP bomb disposal unit were called in.

The item was identified as an old training grenade or replica. It posed no threat to the public.

JEFF HODSON/METRO VANCOUVER

ALL PRESCRIPTIONS!
LASIK $490 /eye
Conventional LASIK or PRK
CLEARLY LASIK
DR. JOSEPH KING
FREE EXAMS!
Located in Metrotown, Tower 1, 10th Floor (Next to Skytrain station), Burnaby • 1.877.551.2020 • clearlylasik.com

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

INFO NIGHT

OCTOBER 8, 2008
4:30 - 6:30 PM

**Vancouver Community College. 140 programs.
One night. Everything you need to know.**

VCC downtown at Dunsmuir & Hamilton 604.871.7000 VCC.ca

Health Sciences
Design
First-year University
Music
Continuing Studies
English as a Second Language
Hospitality
Business & Technology
Transportation Trades
High School & Upgrading
Instructor Education

Vancouver Community College

Directors denied visas for VIFF
Four international filmmakers who were scheduled to appear at this year's Vancouver International Film Festival have not yet received their travel visas or have been denied visas by the federal government. An Iranian director has not received her visa, while two Chinese and one Filipino director were denied. CBC NEWS ONLINE

Local

Dirty water dogs

More than 63,000 Canadians took part in 1,500 shoreline cleanups, including Vancouver, last weekend. Among the items recovered were a hot dog cart, left, a bag of stolen purses, and the hood of a 1942 Mercury pickup. VANCOUVER AQUARIUM

Police identify shooting victim

DEATH Rakesh Ratnam Naidu, a 34-year-old from Vancouver, has been identified as the man gunned down in a parking lot shooting. Naidu, who police described as living a gangster lifestyle, was shot at 2 p.m. Thursday in the underground parking lot at Oakridge Centre.

Two suspects were seen getting into a two-door, burgundy 'K-car' on 42nd Street. Three people were in the car when it sped off. METRO VANCOUVER

Hospital patient Tasered by police

STRUGGLE Police used a Taser to subdue an "emotionally disturbed" patient at a Delta hospital.

Staff called 9-1-1 on Friday morning when they struggled to control a 43-year-old man.

Two police officers then tried to control the patient and ended up using a Taser. The patient and an officer suffered minor injuries. METRO VANCOUVER

Putting out faraway fires

City founds group to send fire trucks, equipment to El Salvador

KRISTEN THOMPSON
kristen.thompson@metronews.ca

The City of Vancouver expanded upon its commitment to provide aid to El Salvador's firefighters yesterday with the launch of Firefighters Without Borders B.C.

Brian Hutchinson, executive director of the nonprofit, said the organization grew out of the Engines For El Salvador Project, in which the Vancouver Fire Department sends equipment to the small Central American country.

"We're (also) acknowledging the large ladder and truck that are being sent to El Salvador with a 12-person training team and equipment early next year," he said in a ceremony at the Seaforth Armoury yesterday.

"Small projects turn into large projects," added Fire Chief Ray Holdgate. "(This is) something that benefits our province and our city."

In April, the fire department sent three retired fire engines, 101 sets of protective gear, a Jaws of Life and training to the El Salvadoran National Fire Service as part of Engines For El Salvador.

Upcoming projects are scheduled in El Salvador and Paraguay

RAFE ARNOTT / METRO VANCOUVER

An honour guard of firefighters salutes during a ceremony to celebrate the launch of Firefighters Without Borders at the Seaforth Armoury in Vancouver yesterday.

history

- Engines For El Salvador started 12 years ago.

News in brief

TRANSPORT The Golden Ears Bridge will use electronic tolling when it opens next summer, news1130.com reports. For $1, vehicles can be registered with TransLink and will be equipped with an electronic transponder.

DEATH A man was fatally stabbed in Whalley Saturday night. The victim was found inside an apartment near 136th Street and 110th Avenue. METRO VANCOUVER

metronews.ca
What's online today.

Watch the opposition grill Stephen Harper at metronews.ca/canada
Play online Sudoku!

Lotteries

Friday, Oct. 3
Lotto Super 7 3, 7, 9, 16, 35, 41 & 44. Bonus 46
Extra 5, 34, 79, 90
Saturday, Oct. 4
Lotto 6/49 12, 19, 23, 25, 26 & 46 Bonus 2
BC 49 1, 18, 27, 35, 47 & 49. Bonus 25
Extra 33, 75, 78, 87
These results are not official.

Your First Step toward a Rewarding Career

Accounting & Payroll Admin
Are you looking for a solid career?
- APAs are an in-demand profession in BC
- Gain a practical foundation in payroll and accounting with office administration and computer software training
- Graduates are certified as official **CPA Compliance Practitioners**

Also Available:
Paralegal Assistant
Practical Nursing - *FREE Bio 12**
Human Resources Professional
Business Admin / E-Commerce Mgt
Construction Electrician Foundations

Proud Sponsors of Lift Up Canada

✓ *Multiple start dates available for every program* ✓ *Flexible class hours available*

* Some conditions apply.

VANCOUVER CAREER COLLEGE
www.vancol.com
BURNABY 604-438-6881
COQUITLAM 604-944-8855
SURREY 604-580-2133
VANCOUVER 604-915-9675
PCTIA ACCREDITED

Passenger sees something suspicious

Transit police were called to King George SkyTrain station Saturday after a passenger spotted what he thought was a pipe bomb. RCMP destroyed the section of PVC pipe with a water cannon. It contained a set of blue prints for a construction project. METRO VANCOUVER

Best Bordeaux fetches big bucks for B.C.

DRINK Wine lovers camped overnight in the parking lot of the B.C. Liquor Store near Oakridge Mall to purchase a bottle of the 2005 Bordeaux vintage that has been called 'legendary' by experts.

B.C. Liquor Stores acquired more than 6,000 cases. Bottles ranged in price from $19 to $3,900. Some customers reportedly spent more than $100,000 when the wine went on sale Saturday morning.

The vintage is considered the best Bordeaux since 1961. METRO VANCOUVER

TODAY'S
question

With the federal election Oct. 14, the provincial byelection Oct. 29 and the municipal election Nov. 15, do you think you'll get voter burnout?

CONTACT US:

E-mail your letters to: vancouverletters@metronews.ca. Metro reserves the right to edit all letters. Please include your name and contact information.

MARIA COOTAUCO/
FOR METRO VANCOUVER

TRENTON RODNEY
20, Vancouver
No, because you're just getting in the swing of voting ... I just want to get it off my chest and do it all in one shot because I don't really like politics.

JEEYON CHEUNG
39, Vancouver
Yes, that's a lot. I guess it's just too much over a short period of time.

SHANNON MAYBEN
23, Vancouver
Yes, because people are too busy. There's no way that people can make enough time for three elections. I wouldn't do it. I'll just vote for federal.

Man dragged by bus dropped at depot by cops

DEATH A man who died after being run over by a car and then dragged five kilometres by a bus was inebriated in police custody only a few hours earlier, according to Delta Police.

At about 10:45 p.m. Friday, a man was hit by a car as he walked down Highway 17 near the George Massey Tunnel. He was hit again by a bus and pulled until the driver stopped to check the breaks in Richmond.

Although police released the man earlier that day, they encountered him again at 6:30 p.m. causing a commotion at a local recreation centre. He accepted a ride from police to the Ladner bus loop.

MARIA COOTAUCO/
FOR METRO VANCOUVER

News in brief

BLAZE Two people are homeless following a house fire in Delta yesterday, news-1130.com reported. The fire is believed to be accidental.

ATTACK Transit police arrested a 22-year-old Surrey man after he allegedly attacked a man with bear spray in the Surrey Central Bus Loop. METRO VANCOUVER

AN ASSASSIN COMES TO TORONTO,
WITH LOOKS THAT COULD KILL.
THE BORDER
Undercover, Sergeant Layla Hourani puts her life on the line to make sure no one crosses it.
ALL NEW EPISODE
Tonight at 9
following Dragons' Den at 8
CBC
cbc.ca

FREE FULL-DAY EVENT

FIRST TIME IN VANCOUVER
OCTOBER 11, 2008

Financial Power Summit

Presents

How to Prosper in Today's Economy

Wealth Coach	Real Estate Pro	Stock Trader	Probate Investor
Steven Sitkowski	**Ed Lisogar**	**Joe Cavallaro**	**Lance Strauss**
"Permanently break free from debt."	"Get rich with commercial real estate."	"How to make money in today's volatile market"	"Find a $300,000 house for $90,000."

POWERFUL WAYS TO PRODUCE REAL WEALTH NOW!

Many Canadians wonder how to become wealthy quickly — and safely… Get the answer! Discover the secrets of self-made millionaires who started with nothing and built mega fortunes. Learn their simple, yet powerful, strategies that continue to create fortunes in real estate, stocks, and more. Know why you, too, can achieve financial freedom with the keys to growing wealth.

Public Invited **FREE ADMISSION** ***One Day Only!***

What others are saying about our wealth-building events!

"Enlightening. Informative. And life changing!" — Fred Reilly

"A wealth of proven strategies and systems." — Lucy Doleman

"Go to the live event. You'll find that the ability to increase your wealth is tremendous." — James Gajewski

"I was in debt with a home equity loan paying $400 a month for 15 years. Now it's gone." — Chris Karalos

"Absolutely incredible!" — Theresa Bucci

Complimentary lunch included

Financial Power Summit

Saturday, October 11, 2008

Vancouver

Sheraton Vancouver Guildford Hotel

15269 104th Ave., Surrey, B.C.

Doors open at 8:00 a.m.

FREE RESERVE SEATING • 800-858-2714

www.FinancialPowerSummit.ca

FREE DVD
for all attendees

"Mastery of the Mind"

Steven Sitkowski reveals how others achieve a mind-set that virtually ensures their success.

Financial Power Summit™ ("FPS") and Business Skills' Financial Power Summit™ ("BSFPS") are trademarks of Business Skills Corporation, ("BSC"), a subsidiary of Tellgenix Corporation ("TC"). FPS and BSFPS are training institutes, and individual performance depends upon the individual skills, time availability, and dedication of each Student in the training program. Testimonials included may not represent typical results. Unique experiences and past performances do not guarantee future results. FPS, BSFPS, BSC, TC, their owners, employees, and affiliates do not give financial advice and are not licensed by or registered with any federal or state agency. VS GWC1127

Second Alberta attack never happened

Police now say that an alleged attack on a 20-year-old woman in Edson, Alta., just three days after a 14-year-old girl was slain, never happened. The town had been in a virtual lockdown after the alleged attack. Police said they do not plan to lay public mischief charges. SOURCE: CBC NEWS ONLINE

Canada

"This is the first of its kind and has never been tried before."

Krishna Aryal, an official of Explore Himalaya, the agency that organized the first-ever Everest skydive.

Everest jump

Three skydivers, including Canadian Neil Jones, made the first-ever parachute jump over Mount Everest yesterday, organizers and participants said. REUTERS

Plants not required to report listeria

Four months before the Maple Leaf outbreak started claiming lives, Canada's food safety agency quietly dropped its rule requiring meat-processing companies to alert the agency about listeria-tainted meat, a Torstar News Service/CBC investigation has found.

Twenty people died as a result of the outbreak and federal meat inspectors and their union say this rule change likely made the country's listeria outbreak far worse than it had to be.

Bob Kingston, head of the union that represents Canadian Food Inspection Agency (CFIA) inspectors, and four veteran inspectors interviewed for this story fear the rule change, part of the deregulation of Canada's food safety net, continues to pose a serious threat to public health.

The CFIA confirmed that there is currently no onus on companies to alert inspectors about positive bacterial results. The change came as part of a federal decision to allow companies to write their own food safety plans, with federal approval.

"If I walk in as an inspector, the plant doesn't come up to me and say we had positive tests today," said Tom Graham, the food safety agency's national inspection manager. But he says the reporting rule will likely be reinstated as a result of the current federal investigation into the Maple Leaf outbreak.

TORSTAR NEWS SERVICE

The old rules

- Before April 1, if a company preparing meat for sale to the public had a positive test showing listeria it "would have had to have been, not only brought to the (federal) inspector's attention, but the inspector would have been involved in overseeing the cleanup," says Bob Kingston.

Run for the Cure **Team Pink Tights**

KRISTEN THOMPSON/METRO VANCOUVER

Team Pink Tights celebrates completing the Canadian Breast Cancer Foundation CIBC Run For The Cure in Vancouver yesterday. More than 10,000 people participated in the annual fundraiser in Vancouver, raising $1,510,000. Runs were also held in various other Canadian cities.

News in brief

HEALTH A report released today by the Ontario Health Coalition alleges it found evidence to suspect 89 possible violations of the Canada Health Act in private clinics in five provinces.

AFGHANISTAN A Canadian soldier is in serious but stable condition after a roadside bomb exploded near an armoured vehicle carrying troops in southern Afghanistan yesterday, CBC News Online reports.

METRO NEWS SERVICES

The PowerWithin
A Passion For Life
UNLEASH
THE POWER WITHIN
TONY ROBBINS LIVE!
A WEEKEND EVENT
To Create Lasting Change In Your Life.
Vancouver • October 17-20, 2008
University of British Columbia, Vancouver, BC
UNLEASH THE POWER WITHIN is for people of action and influence.
TONY ROBBINS invites you to experience this powerful weekend event:
• Take a weekend for yourself
• Get clear about exactly what it is you want in your life
• Discover what's preventing you from getting what you want
• Permanently break through barriers that may be holding you back
• Dramatically increase your physical energy and mental clarity
• Infuse passion into your daily life
• Put a plan together to make lasting change
...all in a dynamic, passionate, fun environment!
ACT NOW! 50% OFF Your second registration* (*limited quantities)
Register Today! www.powerwithin.com
1.866.994.2555
All Sales Final. Date may be subject to change.

COUNTDOWN – 6 DAYS LEFT!
SO YOU THINK YOU CAN DANCE CANADA
TOP 20 GUIDE
OCTOBER 8 – ONLY IN
metro
Wednesdays 8/7c
CTV

Officers shoot man in Montreal
An 18-year-old man was shot in the stomach by police in a north-end Montreal neighbourhood, following a foot chase. Police said they opened fire on the man, who allegedly threatened them with a knife. CBC NEWS

Report gives glimpse into Khadr's life

The reports read like a diary of his years of incarceration.

Omar Khadr the stubborn teenager. Confused. Depressed. Angry.

From the mundane complaints about tasteless food and shoes that don't fit, to the days when he fears he's going completely blind. He has read Life of Pi. He loves To Kill a Mockingbird. He's learning French and yoga.

> **"Six years I've been here. I've lost my childhood. What else do they want from me?"**
> Omar Khadr, according to a report

Khadr recently had surgery to remove six-year-old shrapnel under the skin near his eye.

At one point, Khadr tells a Canadian visitor at the U.S. military prison at Guantanamo Bay, Cuba, that he wants to see his interrogators again because they gave him magazines and crayons. Then in a visit later, shouts, "Six years I've been here. I've lost my childhood. What else do they want from me?"

Khadr was 15 when he was captured in Afghanistan on July 27, 2002 following a firefight with U.S. forces, in which Sgt. Christopher Speer was fatally wounded. Khadr is charged with murder and four other war crimes.

Journalists are denied access to him and an independent psychiatrist who is expected to assess Khadr before his Nov. 10 trial has yet to meet with him.

But snippets of Khadr's life over the past two years are found in the reports written by Canadian Foreign Affairs officials who have conducted what the Pentagon calls "welfare visits." Khadr's Canadian lawyers recently made those reports public as part of their lawsuit against the federal government, aimed at forcing Prime Minister Stephen Harper to demand Khadr's repatriation.

When the Toronto-born Khadr was last seen publicly he was 15 years old. Now he's 22, 6'1", about 185 pounds.

A copy of Guantanamo's Child, a book written about his case that a Canadian official had brought to him earlier that year, still had not made it past the censors.

TORSTAR NEWS SERVICE

Dozens remember victims of impaired driving in Ottawa

More than nine years after his son was killed by a drug-impaired driver, Greg Thomson has been sharing the high-profile 1999 death of his son, Stan, in hopes of ending impaired driving deaths.

Dozens of people, including families and friends of victims, attended MADD's annual Candlelight Vigil of Hope and Remembrance on Parliament Hill last night.

This past July, a new law cracking down on drug-impaired drivers was passed.

METRO NEWS SERVICE

Mosques urge attention to election, campaign issues

When Haytham Sharar left Jordan for Canada in 2003, the prospect of voting in an election was scarcely believable.

Five years later, the nurse practitioner and father of three is about to cast his first ballot.

"In Jordan, there's no election for the king," laughs Sharar, standing in the parking lot of the Islamic Society of Toronto's Thorncliffe mosque.

Rob Oliphant, the United Church minister running for the Liberals in Don Valley West, stands in the mosque's driveway smiling, shaking hands, passing out flyers. Sharar introduces himself and his 3-year-old, Ali.

Oliphant's mosque and many others religious centres across the GTA are inviting local candidates to meet their congregations

"It's important to have election candidates come to the mosque because you should be aware of what's going on," says Sharar, citing health care, poverty and foreign policy as issues that matter most to him.

"If you want to be considered a full-fledged community within the Canadian mosaic, you have to be part of the process," Ingar said. "You can't just sit back at a distance and simply criticize."

TORSTAR NEWS SERVICE

Voting history

- The GTA has seven of the 10 Canadian ridings with the most eligible Muslim voters.
- In the last provincial election, voter turnouts in some of these ridings were among the lowest Ontario-wide.

STAKE YOUR CLAIM TO A MOUNTAINOUS PRIZE POOL.
BC CASINOS
PRESENTS
B.C. POKER CHAMPIONSHIPS
TEXAS HOLD'EM POKER
OVER
$3 MILLION* PRIZE POOL
NOVEMBER 16-23
An entire week of Texas Hold'Em at one of Canada's biggest poker tournaments. Satellite games available at participating BC Casinos. Visit www.bccasinos.ca for more details.
Call 1-604-247-8983 or register today at River Rock Casino Resort.
RiverRock CASINO RESORT Richmond, BC
* Estimated prize pool based on sold-out events. 2% of prize pool will be deducted for staff gratuities.
bclc
Know your limit, play within it.
19+ YEARS

Looking good on the campaign trail

Sweater fever is catching. First it was Stephen Harper, who donned a baby-blue sweater in the campaign's early days in a bid to look more relaxed. Now Stéphane Dion has adopted the look, too, with a burgundy sweater during a swing through New Brunswick and P.E.I. Saturday. TORSTAR NEWS SERVICE

Election 2008

Mood

Young Grits mix sex and politics

KITS Don't tell the Young Liberals sex and politics don't mix. They sent promotional kits to 60 campuses this fall with posters, pins ... and condoms with the slogans Make Love Not A Conservative Government, Canvas Your Poll and Stand Up For Canada (ahem).

"Hey, we're young Liberals — we can do that," says Adam Miron, head of the 10,000-strong Young Liberals of Canada who, like all self-respecting techno-activists, also are using YouTube clips, Twitter campaigns and interactive websites to try to put their peers in an electoral mood.

While the condoms were a hit, it remains tough to stir the political hormones of young Canadians who are delaying voting later and later.

"We're seeing a general greying of party politics in Canada, partly because the parties aren't doing a good enough job reaching out to young people," says political science professor Bill Cross of Carleton University, co-author of a landmark study of 2,000 students that shows many don't see party politics as an effective way to make change, and the ones who do are often recruited by their parents.

"Young people who belong to a party are three times more likely to have parents who are members, and a large number say they were asked to join by family," says Cross, "while older members say they were recruited more by the parties themselves."

TORSTAR NEWS SERVICE

News in brief

NORTH Liberal Leader Stéphane Dion put northern issues in the spotlight yesterday, starting in Iqaluit, Nunavut, where he warned that military might alone is not enough to ensure Canada's hold on the Arctic and urged greater focus on northern residents and "aggressive diplomacy" to enforce its sovereignty.

VOTES NDP Leader Jack Layton is ramping up the rhetoric and his call for strategic voting to unseat Prime Minister Stephen Harper, or at least rob him of a majority. Layton said yesterday in Thunder Bay that Harper cares far more about corporate tax cuts than he does about people struggling to make ends meet or losing their jobs.

TORSTAR NEWS SERVICE

What has an election ad done for you lately?

AdVentures

Mike Tennant

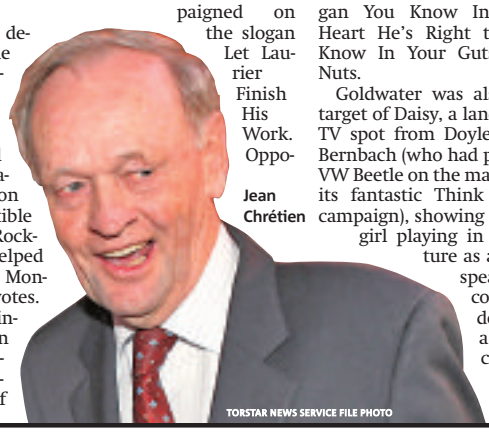
Do election ads make any difference? A good test is to try to remember the last ad that made a significant splash during an election campaign: An ad notable because it backfired.

The 1993 TV ad by the (then) Progressive Conservatives appeared to make fun of Jean Chrétien's facial paralysis. Its double-dollop of schoolyard bully meanness made a bad campaign worse for Kim Campbell's Tories, who lost all but two of their 169 seats.

Positive ads rarely define a campaign. The one spectacular exception is the TV ad It's Morning Again in America, created by ad legend Hal Riney for Ronald Reagan's 1984 re-election campaign. Its irresistible aw-shucks Norman Rockwell Americana helped Reagan whup Walter Mondale by 16 million votes. But the ad's secret ingredient was Reagan himself: Voters believed that he believed the rosy view of America, and they wanted a plateful of whatever he was having.

Campaign ads are effective in bolstering a leader's image and enhancing doubts about the bad guys. But like most ads, their effect is slow and gradual, like grains of sand filling an hourglass. And they can only work with impressions that already exist somewhere in the voter's mind.

Slogans once ruled election campaigns, but they, too, often backfired. In 1908, the Liberals campaigned on the slogan Let Laurier Finish His Work. Opponents mocked: Let Laurier's Work Finish Him.



Jean Chrétien

TORSTAR NEWS SERVICE FILE PHOTO

In 1964, rumours spread that Republican nominee Barry Goldwater was willing — even eager — to use nuclear weapons. Scoffers converted his official slogan You Know In Your Heart He's Right to You Know In Your Guts He's Nuts.

Goldwater was also the target of Daisy, a landmark TV spot from Doyle Dane Bernbach (who had put the VW Beetle on the map with its fantastic Think Small campaign), showing a little girl playing in a pasture as a loudspeaker counts down to a nuclear blast. Over the mushroom cloud, Lyndon Johnson's voice reads, in part: "We must either love each other, or we must die." Between the lines: Elect Goldwater and he'll nuke your children.

Advertising is not where campaigns happen: They simply divert attention with Neverland imagery of what a party wants you to think.

Campaigns are defined by gaffes, rumours and unguarded moments — inspiring and disastrous — that shift the prevailing winds of public mood.

And the conversation is moving to the Internet through blogs, social networks and instant messaging.

As I write this, a Google search of "Harper" and "election" yields some 98,000 blogs. A YouTube search of "Canada," "election" and "2008" produces more than 1,000 videos. That's where campaigning is headed.

You heard it here first.

Mike Tennant is a freelance ad writer and co-creator/writer of Terry O'Reilly and the Age of Persuasion on CBC Radio One.

Election vandalism under investigation

Bizarre and dangerous acts of vandalism have spread into another federal riding in the Greater Toronto Area, with 12 new incidents reported yesterday in Toronto Parkdale-High Park.

The latest come on the heels of 14 similar acts of vandalism in the Toronto St. Paul's riding, reported to police Saturday.

Toronto police yesterday continued to investigate the acts of vandalism, which include the cutting of brake lines, phone and cable lines as well as graffiti defacing homes and garages. The 26 incidents are likely connected and may have been done by one person since they are so similar in nature, Liberal party insiders suggest. The victims were all Liberal party supporters and had signs on their lawns supporting the Liberals.

"There is this hatred thing that is so upsetting — hatred of Liberals," said Liberal MP for St. Paul's Carolyn Bennett. "There's no other excuse for this in terms of this kind of intimidation. That's what's so upsetting. We don't know who's doing it at all. We just think this is somebody who really is not well."

RENE JOHNSTON/TORSTAR NEWS SERVICE

Toronto Liberal MP Caroline Bennett lends a hand and hose yesterday at the scene of election-related graffiti.

In Parkdale-High Park, Andrew Krupowicz was horrified to find his car's brake lines were cut Saturday night. On the lawn is a sign supporting Gerard Kennedy, the Liberal candidate in the riding.

"I'm in complete shock. This is something you don't expect to have happen in Canada. We have a democratic system. This could have killed me, my girlfriend and everyone else on the road."

His neighbour, Debra McNevin, was also a victim. A big red "L" was painted on the brick wall of her house, the screen door and the garage door late Saturday. McNevin said she thinks she was targeted because she also has a sign supporting Kennedy on her lawn.

The NDP and the Conservatives in St. Paul's condemned the vandalism.

"I'm in complete shock. This is something you don't expect to have happen in Canada." Andrew Krupowicz

NDP Leader Jack Layton called the attacks "outrageous."

"Anybody who attacks the basic right of people to get involved in politics is attacking something that is very fundamental to all us, which is the right to vote. ... It is absolutely unacceptable and quite horrific to imagine such a thing is going on," Layton said in Thunder Bay, Ont.

Added Liberal Leader Stéphane Dion in Churchill, Man.: "I think it's completely unacceptable in any democracy what is happening for Carolyn ... we will not be intimidated by that ... It's something we cannot accept in Canada."

TORSTAR NEWS SERVICE

Campaign

Stephen Harper

Tories to launch counter-attack

STRATEGY Accusing their political opponents of "fear-mongering on the economy" to win votes, the Conservatives will launch a major counter-attack in the last week of the campaign leading up to the Oct. 14 ballot.

"When you are not expected to win government, when you're Opposition leader, when you're down in the polls, you can spend time fear-mongering on the economy and cheering for a recession for your own political gain," a senior Conservative strategist said during a conference call to provide reporters background on the week ahead.

"But when you're the prime minister, you actually have to be honest about the situation. To say that we're going to have serious problems in the banking sector when that is in fact not the case would be destabilizing to markets."

Meanwhile, a confident Liberal Leader Stéphane Dion heads into the final full week of the campaign on a mission to highlight the "very conservative" Stephen Harper government while pressing to win over NDP supporters.

The Conservative official's comments appeared to elaborate on comments Harper made to reporters Saturday night as his tour returned to Ottawa.

The prime minister said the election campaign is "fluid," but when asked why that is so, would only answer because of the way "some of the other parties are conducting their campaigns" — an apparent admission his opponents' attacks are eating into his electoral hopes.

TORSTAR NEWS SERVICE

Watch Stephen Harper get grilled as poll shows Tory support hitting new low at metronews.ca/canada

8 days remain until the 2008 Canadian federal election

"The Olympics will finally give me the opportunity to come home and skate in front of my family and friends. Yup, it's going to be a happy drive back."

Jeff Kitura.

Long track

Speed Skater.

Langley, B.C.

Get Behind the Drive to 2010

By purchasing a 2010 Winter Games plate, you'll be supporting our Canadian Olympic Team. You'll also receive our exclusive free music download called RoadTrax*— a compilation of songs selected by the athletes, and a chance to be our guest at the 2010 Winter Games.† For details, visit **behindthedrive.com** or ask your local ICBC Autoplan broker.

ICBC is proud to be an Official Supporter of the 2010 Winter Games.

*While quantities last. †No purchase necessary. Open to BC residents 19 years of age or older. Promotion ends Mar. 31/09.

icbc.com

building trust. driving confidence.

Storm brewing off Mexico's Pacific coast

Tropical Storm Norbert formed off Mexico's Pacific coast and was expected to turn into a hurricane early this week, the U.S. National Hurricane Center said yesterday. Norbert is headed toward Baja California but is not forecast to make a direct hit on the peninsula. REUTERS

World

Pope kicks off Bible marathon

Pope Benedict XVI yesterday kicked off a seven-day, non-stop Bible-reading marathon on Italian television. The pope read for several minutes from the start of the Book of Genesis live from his apartments in the Vatican, while other speakers read in the Basilica of Holy Cross in Rome. In the next seven days and six nights, more than 1,200 people will read from the Bible until all 73 books of the Catholic edition are finished. REUTERS

Obama fires back over rival's 'smears'

Democrat Barack Obama counterattacked yesterday against a new Republican tactic by saying rival John McCain was more interested in a smear campaign than fixing the U.S. economy.

With McCain losing ground in opinion polls, a campaign strategist was quoted as saying the Republican presidential candidate needed to "turn the page" on the economic issue and make the election about Obama's experience and character.

That effort started Saturday when Republican vice-presidential candidate Sarah Palin accused Obama of "palling around with terrorists" in reference to his acquaintance with Bill Ayers, a former member of the Vietnam War-era group Weather Underground.

Obama responded to the accusations at a rally attended by more than 20,000 people in Asheville, N.C., a swing state where the Democratic presidential candidate was preparing for his second debate with McCain tomorrow.

"Senator McCain and his operatives are gambling that he can distract you with smears rather than talk to you about substance," Obama said. "They'd rather try to tear our campaign down than lift this country up."

"It's what you do when you're out of touch, out of ideas and running out of time," he said. REUTERS

Contributions questioned

- The Republican Party yesterday said Democratic presidential candidate Barack Obama had not done enough to screen out illegal campaign contributions and asked U.S. election officials to look into the matter.

Tradition **Ready for Yom Kippur**

BAZ RATNER/REUTERS

Ultra-Orthodox Jewish boys hold chickens during Kaparot yesterday in Jerusalem, ahead of Yom Kippur, the Jewish Day of Atonement, which starts at sundown Wednesday. Kaparot is an ancient custom connected to Yom Kippur, where white chickens are slaughtered as a symbolic gesture of atonement.

News in brief

GEORGIA EU ceasefire monitors in Georgia reported the dismantling of a Russian checkpoint near breakaway South Ossetia yesterday, saying it was the "first open sign" of a promised Russian troop pullback by Oct. 10. Russia sent forces into Georgia to repel an offensive by Tbilisi to retake South Ossetia.

COURT Amid a presidential race that may decide its future direction, the U.S. Supreme Court begins a new term today with cases about tobacco company lawsuits, protecting whales from navy sonar and a government crackdown on dirty words on TV.

WAR Britain's commander in Afghanistan has said the war against the Taliban cannot be won, the Sunday Times reported. It quoted Brig. Mark Carleton-Smith as saying that if the Taliban were willing to talk, then that might be "precisely the sort of progress" needed to end the insurgency. REUTERS

IT'S ALL ABOUT THE BUZZ.
Read Metro's Celebrity Buzz daily to get the scoop on Hollywood's latest gossip.
metronews.ca
metro
Do it daily.

Job At Home
$487.68 Weekly.
Mail Work, Assemble Products
or Computer Work.
www.TopJobVancouver.com
Or Write to:
CHR Jobs, 372 Rideau St.
#916-MV1

Are Migraine Headaches Disrupting Your Life?
You May Qualify For a Research Study If You:

- Are 18 to 65 years old
- Experience 5-14 days with a migraine per month
- Have ever experienced any of these symptoms before or with a migraine:
  - Vision changes
  - Tingling
  - Blurred vision
  - Numbness
  - Difficulty speaking
- Have tried at least 2 medications prescribed by your doctor and taken every day to prevent migraines

Participants will be seen by a doctor and receive all study-related care, including travel, at no cost.
Patients may receive an investigational device.
Call Now 1-866-288-7068
prima MIGRAINE CLINICAL TRIAL INTERNATIONAL
Site Located In Toronto

BEAT THE PUMP
WIN FREE GAS.
Play the newest, hottest radio game-show, JACK FM'S BEAT THE PUMP.
Listen to 96.9 JACK FM or check out www.jackfm.com for details.
96.9 JACK fm
playing what we want

Cold water can save
If 1 million people washed their clothes in cold water, we could eliminate approximately 250,000 tons of CO2 each year, according to The Live Earth: Global Warming Survival Handbook by David de Rothschild. METRO NEWS SERVICES

Going Green

Compost household waste

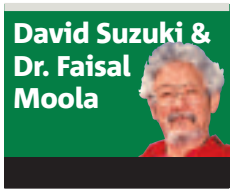
Canadians produce more than 21 million tonnes of garbage annually, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha. Approximately 30 per cent of household waste is organic material, much of which could be put into compost bins. METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Putting humans in their place

The planet is a complex interaction of air, water, land and living things — all interconnected

ScienceMatters



Andrew Weaver's recently published book, Keeping Our Cool: Canada In A Warming World, is an urgent call to action that some of the folks running for the privilege of leading us into the future seem to be ignoring.

Weaver, a world-class climatologist who is putting the University of Victoria on the global map, was one of the lead authors on papers put out by the UN Intergovernmental Panel on Climate Change. In that role, he shared the Nobel Peace Prize last year with other panel members.

In the book, Weaver argues that if we are to stabilize atmospheric levels of carbon at a level that will not result in climate going haywire, we must begin massive reductions in greenhouse gas emissions now with a goal of totally eliminating our output of them. If we don't, 80 per cent of all species could become extinct! That's an astounding prediction, and if we think we'll somehow survive such a catastrophic crisis, we should think again.

We are rampaging across the planet, treating it as our plaything, as our source of raw materials, as our dumping ground for our waste and emissions.

When I first read about colonies of honeybees dying out, a bolt of fear went through me. Without pollinators, most flowering plants will not survive, and that would devastate the makeup of species on the planet.

We have become the dominant animal on the planet, and it has been an amazing story. But in puffing ourselves up with self importance, we have lost sight of how little we know about the way the world works and how utterly dependent we are on the services that nature performs for us, like removing carbon dioxide from the air and replacing it with oxygen — not a bad service for animals like us.

Eminent Harvard ecologist and ant expert E.O. Wilson once told me that if humans disappeared overnight, only a handful of organisms would also go extinct: Creatures that live on our skin, in our armpits, and our groins and guts. The rest of nature would rebound, the planet would green up, and animals would increase in abundance. But if all the ants went extinct overnight, whole terrestrial ecosystems would collapse, and the makeup of animals and plants would change catastrophically. Kind of puts humans into perspective.

We apparently now put health as one of our top priorities in this election. Well, when we use air, water, and land as a garbage can, do we think we are somehow immune to the health consequences? We've got to see the world as it really is — a complex interaction of air, water, land, and living things, all interconnected and all interdependent.

We are rampaging across the planet, treating it as our plaything, as our source of raw materials, as our dumping ground for our waste and emissions. And then we whine like mad when reminded that we have to change and we have to pay for what we do. Why haven't we heard more about this perspective in the current election campaign?

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

Kuwait injects more cash into banking system

Kuwait injected more cash into the banking system to shore up confidence and provide more liquidity in the wake of the U.S. financial crisis, as the central bank governor promised that local banks were safe from the fallout of the U.S. crisis. REUTERS

Business

Airlines feel the jet lag

Worldwide business jet deliveries will rise eight to 17 per cent next year to what may be a peak as high fuel costs and global economic worries depress demand, according to a forecast by Honeywell International Inc. Delivery of new business jets tend to lag economic activity because they are bought and paid for over 3- to 4-year cycles. REUTERS

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

World record **Legomania**

LEONHARD FOEGER/REUTERS

Guinness World Record judge Carlos Martinez stands in front of the world's tallest standing Lego tower at 29.48 metres in Vienna yesterday, which beat the previous record of 29.3 metres.

Sponsored venues face identity crisis

Performance venues love blockbuster events, but not the kind that are currently affecting their naming-rights partners.

The takeovers of big banks like Washington Mutual (WaMu) and Wachovia are forcing venues with long-term naming-rights deals with these institutions to grapple with unexpected branding challenges. Some even face the prospect of losing a partner at a time when replacing one lucrative naming-rights deal with another could be a difficult task at best.

The WaMu Theater at Madison Square Garden in New York, the WaMu Theater at Qwest Field in Seattle, the Wachovia Center in Philadelphia and the Wachovia Arena in Wilkes-Barre, Pa., are among the venues being forced to deal with the fallout of the U.S. financial crisis.

"It's unbelievable how many things the name of your building is on, from signs in the facility to chairs, trash barrels, napkins."
Peter Luukko

Mergers, acquisitions and takeovers are nothing new, so name changes have become relatively common in this age of widespread corporate branding of venues. But millions of dollars are spent positioning and branding arenas and theaters, so a name change creates unwanted headaches.

"It's a difficult situation," said Bob Cavalieri, senior vice-president of business development for Philadelphia-based facility management firm SMG, which runs the Wachovia Arena in Wilkes-Barre. "Any time you take a brand, an identity, and you change that identity, you cause confusion amongst the public. You really have to start spending some money to change the brand in consumers' minds."

Branding efforts related to the name changes have cost about $1 million US each time, with the tab picked up by the banks that acquired the naming assets, according to Peter Luukko, president of Comcast-Spectacor, the Philadelphia-based management firm that runs the Wachovia Centre.

"It's unbelievable how many things the name of your building is on, from signs in the facility to chairs, trash barrels, napkins," Luukko said. REUTERS

Junior mining companies will feel economic squeeze: analyst

RESOURCES The number of publicly-traded junior mining companies should fall as tight credit conditions and plunging commodity prices force explorers to either find deep-pocketed partners or disappear, equity analyst and Bottom Fish Report publisher John Kaiser told the Toronto Resource Investment Conference Saturday.

Smaller mining players with proven resources or production have the best chance to survive the recent shift in market conditions, he said.

Resource stocks have been hit particularly hard in the recent stock sell-off, as tight credit conditions have forced smaller players to cancel or delay building mines. REUTERS

Milk melamine-free: China

SCANDAL China, mired in a health scandal over contaminated dairy products at home and abroad, said new tests had revealed no melamine in liquid milk on the home market.

It was the second time in days China has tried to repair confidence in its dairy products, saying also on Thursday the latest chemical tests had come back clean.

China's quality supervision authority had sent more than 5,000 inspectors to carry out "round-the-clock scrutiny" at dairy factories to restore consumer confidence, Xinhua news agency said yesterday.

Samples of 609 batches of liquid, as opposed to powdered, milk from 27 cities across China were found free of melamine, the General Administration of Quality Supervision, Inspection and Quarantine (AQSIQ) announced.

The test was the sixth in China after the tainted milk powder scandal erupted last month. A total of 2,093 batches of liquid milk under 115 brands, among other dairy products, had been checked since then, Xinhua said, citing the AQSIQ.

There was no clean bill of health, though, for powdered milk. The food safety watchdog said on Wednesday that 31 more batches had tested positive for melamine, which has been added to cheat nutrition tests. REUTERS

Help for farmers

The Ministry of Agriculture said Saturday it had developed an emergency rescue plan to give special subsidies to dairy farmers who have suffered from shrinking demand during the scandal that led to the deaths of four children and made thousands more ill.

Small business needs funds now: Britain's PM

CRISIS Britain wants Europe to free up money immediately to help smaller businesses cope with the credit crunch, British Prime Minister Gordon Brown said on Saturday.

The European Investment Bank has created a fund of 15 billion euros to be spread over two years to help small firms. However, Britain wants the money made available now as the credit squeeze puts the brakes on growth. REUTERS

WestJet, Air Canada hit turbulence

AIRLINES Shares of WestJet Airlines Ltd. sank to a two-year low Friday after Canada's No. 2 carrier said its planes flew smaller passenger loads last month as the economy weakened and its capacity increased.

Air Canada, the country's biggest airline, reported a higher load factor, or percentage of seats filled, but it cut its capacity by nearly seven per cent.

WestJet said its load factor was 75.5 per cent last month, down from a year-earlier 78.7 per cent.

The dip came as capacity, measured by available seat miles, rose 15.8 per cent to 1.417 billion, and revenue passenger miles climbed 11 per cent to 1.069 billion.

WestJet shares, fell 48 cents, or four percent, to $10.97 a share on the Toronto Stock Exchange, its lowest since Oct. 12, 2006.

On Wednesday, chief executive officer Sean Durfy told Reuters that he had seen bookings for October dip and blamed worries about the U.S. credit crisis that has enveloped financial and commodity markets.

However, Durfy said travel demand appeared to be staying strong for November and December, and he had no plans to adjust WestJet's capacity additions for 2008 and 2009. REUTERS

In brief

IG NOBELS A researcher who figured out that Coke explodes sperm and scientists who discovered that people will happily eat stale chips if they crunch loudly enough won Ig Nobel prizes Thursday. The awards honour real research, but are meant as a funny alternative to next week's Nobel prizes.

SELL-OFF American International Group Inc. said it will sell its three Japanese life insurance businesses for an estimated $9.5 billion US to focus on its main insurance operations and to help repay the $85 billion borrowed from the U.S. government. REUTERS

METRO Vancouver

1190 Homer Street, Suite 250
Vancouver, BC V6B 2X6
Tel: 604-602-1002
Fax: 1-866-254-6504

Advertising: 604-602-1002
adinfovancouver@metronews.ca
Distribution inquiries:
vancouver_distribution@metronews.ca

metro_inquiries@metronews.ca
vancouverletters@metronews.ca

Local:
Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro
fernando.carneiro@metronews.ca
Distribution Manager, George Acimovic
Marketing Manager, Olga Edwards
National:
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Art Director, Laila Hakim
National Sales Director, Susan Courtney
Interactive Director, Jodi Brown

metro Do it daily.

Metro is the world's largest newspaper, with more than 23.1 million daily readers in 100 major cities in 23 countries. metronews.ca

I work for my money.

How do I get my money working for me?

It's time you got better answers to better understand your money. At BMO, we believe your financial matters are extremely important but they don't have to be made complicated by your bank. We're here to answer your questions clearly and provide financial solutions that work for you and most importantly, help you make the most of your money. Visit your local BMO branch or **bmo.com** to find out more.

Making money make sense™

™/® Trade-marks/registered trade-marks of Bank of Montreal.

Canucks sign deal with Hodgson

The Vancouver Canucks have locked up one of their top prospects, as CKNW in Vancouver reports that the club has signed centre Cody Hodgson to an entry-level contract. Hodgson, 18, was the Canucks' first pick (10th overall) in the 2008 NHL Entry Draft. METRO NEWS SERVICES

Sports

Jankovic wins in Stuttgart

Serbia's Jelena Jankovic, left, celebrated her imminent return to the top of the world rankings with an easy 6-4, 6-3 victory over Nadia Petrova in the Stuttgart Grand Prix final yesterday. Second seed Jankovic, who will replace Serena Williams as world No. 1 today, took advantage of regular errors from the unseeded Russian Petrova to clinch victory in 83 minutes. REUTERS

SPORTS@METRONEWS.CA

Whitecaps surprise Impact

Whitecaps 2 Impact 0

Vancouver Whitecaps FC have reached their second USL First Division Championship Final in three seasons after defeating Canadian arch-rivals Montreal Impact 2-1 on aggregate following a 2-0 home win in the second leg of their playoff semifinal series yesterday afternoon.

First-half goals by Whitecaps captain Jeff Clarke and former Impact striker Eduardo Sebrango secured Vancouver's place in the final next Sunday afternoon. They will host USL-1 regular season champions Puerto Rico Islanders at Swangard Stadium on Thanksgiving Sunday, Oct. 12, with kickoff set for 4:00 p.m., the team announced on its website.

It was a spirited display by The Blue & White, who made the most of a fine first-half performance to erase the disappointment of Friday's 1-0 defeat in the first leg at Saputo Stadium. Though Montreal pressed hard in the second half to turn things around, solid defending and good goalkeeping by back-up Tyler Baldock ensured the Whitecaps had the chance of repeating their USL-1 championship success of 2006.

Whitecaps head coach Teitur Thordarson made two changes to the side that started Friday's first leg. With No. 1 goalkeeper Jay Nolly suspended following his well-publicized red card in Montreal on Friday, Baldock made his first professional start in the Vancouver goal on Sunday, having made his Whitecaps debut as a second-half substitute at Saputo Stadium. The other change for Thordarson came in midfield, as Whitecaps Residency youngster Ethan Gage replaced Mason Trafford for the home side.

METRO NEWS SERVICES

RAFE ARNOTT/METRO VANCOUVER

Vancouver Whitecaps' Charles Gbeke goes head-to-head with Montreal Impact's Nevio Pizzolitto during yesterday's game.

Dollars determine positional battles

ToulBox

Scott Rintoul

scott.rintoul@metronews.ca

As much as we'd all like to believe that the best 23 players in the Canucks' organization will be on the roster to open the season, the reality of professional sports dictates otherwise.

Make no mistake, every player on the team will have a valid argument for being there, but there will be some players who get the short end of the stick for financial reasons.

The battle between Kyle Wellwood and Jason Krog is a perfect example. Wellwood has produced more offense in the preseason, but Krog has played a much better all-around game. Wellwood's production gives him a valid argument for cracking the club, but given Krog's ability to win faceoffs and kill penalties, his case may be even stronger. However, the majority of Krog's contract is being picked up by the Manitoba Moose, whereas Wellwood is on a one-way ticket funded by Vancouver. Unless Krog severely outperforms Wellwood, it makes sense for the former to ply his trade in the minors.

A similar situation may allow Lukas Krajicek to remain on the roster. Lawrence Nycholat has been better than Krajicek over the past two weeks; in fact, Nolan Baumgartner could make the same argument. But Krajicek is the only one whose contract is being paid solely by the Canucks, which gives him a distinct accounting advantage.

These decisions aren't set in stone; just ask Jeff Cowan, who was waived on the weekend in favour of the younger, cheaper, AHL-eligible Rick Rypien. However, in today's world of the NHL salary cap, the bottom line often dictates which line you're playing on.

- It's taken fourteen games, but the B.C. Lions once again control their own destiny in the West. Thanks to a 24-20 win over Toronto, B.C. enters the final month of the season in a three-way tie for first place with both Calgary and Saskatchewan.

The Leos already hold the tiebreaker on the Roughriders, which gives them the edge should the two teams end up with identical records. The Stampeders have already won the season series with the Lions, but the two teams play in the final game of the year.

If Calgary and B.C. are still tied in wins and losses going into the finale, the winner could conceivably clinch the right to host the West final and a first round bye in the playoffs. The Lions have won the West four years in a row, advancing to the Grey Cup on half of those occasions.

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m.

SCOREBOARD

MLB

AMERICAN LEAGUE
DIVISIONAL SERIES PLAYOFFS
BEST OF FIVE
L.A. Angels vs. Boston
LAST NIGHT'S RESULT
L.A. Angels 5 Boston 4 (12 ings)
TONIGHT'S GAME
L.A. Angels at Boston, 5:37
(Boston leads series 2-1)
Tampa Bay vs. Chicago W. Sox
YESTERDAY'S RESULT
Chicago 5 Tampa Bay 3
TONIGHT'S GAME
Tampa Bay at Chicago Sox, 2:07
(Tampa Bay leads series 2-1)
NATIONAL LEAGUE
DIVISIONAL SERIES PLAYOFFS
BEST OF FIVE
Chicago Cubs vs. L.A. Dodgers
SATURDAY'S RESULT
L.A. Dodgers 3 Chicago Cubs 1
(Dodgers win series 3-0)
Philadelphia vs. Milwaukee
SATURDAY'S RESULT
Philadelphia 6 Milwaukee 2
(Philadelphia wins series 3-1)

CFL

WEST DIVISION

	W	L	T	PTS
x-Calgary	9	5	0	18
x-B.C.	**9**	**5**	**0**	**18**
x-Saskatchewan	9	5	0	18
Edmonton	8	6	0	16

EAST DIVISION

	W	L	T	PTS
y-Montreal	9	5	0	18
Winnipeg	5	9	0	10
Toronto	4	10	0	8
Hamilton	3	11	0	6

(x - clinched playoff spot)
(y - clinched division title)

WEEK 15
FRIDAY'S RESULTS
B.C. 24 Toronto 20
Saskatchewan 37 Calgary 34
SATURDAY'S RESULTS
Edmonton 36 Winnipeg 22
Hamilton 44 Montreal 38

NFL

WEEK 5
YESTERDAY'S RESULTS
Chicago 34 Detroit 7
Miami 17 San Diego 10
Atlanta 27 Green Bay 24
N.Y. Giants 44 Seattle 6
Tennessee 13 Baltimore 10
Indianapolis 31 Houston 27
Carolina 34 Kansas City 0
Washington 23 Philadelphia 17
Denver 16 Tampa Bay 13
Dallas 31 Cincinnati 22
Arizona 41 Buffalo 17
New England 30 San Francisco 21
Pittsburgh 26 Jacksonville 21
TONIGHT'S GAME
Minnesota at New Orleans, 5:30

SOCCER

PLAYOFF GAMES FEATURING THE VANCOUVER WHITECAPS MEN'S TEAM:
FRIDAY'S RESULT
Montreal 1 **VANCOUVER** 0
LAST NIGHT'S RESULT
VANCOUVER 2 Montreal 0
VANCOUVER wins 2-1 on aggregate

Sports in brief

MLB Pat Burrell belted two of Philadelphia's four home runs, as the Phillies earned a trip to the National League Championship Series for the first time in 15 years with a 6-2 victory yesterday over the Milwaukee Brewers. Meanwhile the Chicago White Sox staved off elimination with a 5-3 win over the Tampa Bay Rays. The Los Angeles Angels defeated the Boston Red Sox 5-4 in 12 innings to force a Game 4.

Burrell

NHL The Vancouver Canucks got two goals from Mason Raymond and one from Henrik Sedin last night, but it wasn't enough to down the Anaheim Ducks, who won 4-3 on former Canuck Nathan McIver's overtime goal.

NFL Kansas City's Tony Gonzalez became the all- time leader in receiving yards by a tight end yesterday.

TENNIS Czech Tomas Berdych halted fifth seed Juan Martin Del Potro's hot streak by beating the Argentine 6-1, 6-4 to win the Japan Open on yesterday.

METRO NEWS SERVICES

EVERY PERSON HAS VALUE
EVERYONE'S POTENTIAL CAN BE REALIZED!
United Way works with community partners to help children succeed for life.
Success depends on all of us. Please give.
United Way
uwlm.ca

University of Winnipeg a 'no-fly zone' for Conservative candidates
Student leaders in Manitoba are upset after the University of Winnipeg was called a "no-fly zone" in an e-mail sent from Conservative campaign organizers, indicating party representatives would not attend the university's all-candidates forum. METRO NEWS SERVICES

Workology

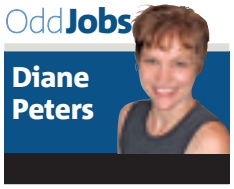
UBC in NCAA?

The University of British Columbia is in the final stages of deciding whether to apply for membership with the National Collegiate Athletic Association at the Division II level, and interest is growing among NCAA schools for UBC to join. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Jimmy 'The Iceman' cometh

Odd**Jobs**



It's a little-known fact that two, not one, hockey-related stars have come out of Brantford, Ont.

You've probably seen one of them — his name is Wayne — work his magic. Less likely, you've watched Jimmy MacNeil and his ice-related skills.

For 20 years, 47-year-old MacNeil has been a certified ice technician. Most call him a Zamboni driver. (Olympia also makes ice resurfacers, but Zamboni is the name that's stuck.)

He rose to fame back in 1999 when the Zamboni Company went on the hunt for the Zamboni Driver of the Year. MacNeil triumphed in the Internet competition partly thanks to the support of factory staff at the Zamboni factory in Brantford. After winning his title, "The Iceman" MacNeil got a lot of exposure on TV and radio. He also drove a Zamboni across Canada in 2001 and raised $1 million for the Canadian Hockey Association.

This was not his original career plan. He studied history at Sir Wilfred Laurier University in Waterloo, Ont., and planned to become a teacher. But after graduation, his father became ill and needed help with his mechanic business.

> **"There's a certain aura about it. The cold, the smell of the popcorn and the hot dogs."**
> Jimmy MacNeil

At the time, Alex MacNeil was one of the few who could fix ice resurfacers. So father and son kept busy visiting arenas in southern Ontario and the northern US. MacNeil wasn't the greatest apprentice mechanic, but he loved arenas.

"There's a certain aura about it. The cold, the smell of the popcorn and the hot dogs. If you want to meet a lot of happy people just having fun, just go to an ice rink," he says.

After five years of helping his dad, MacNeil got a job driving an ice resurfacer in a nearby township. He started taking courses to get certified and three years later started driving for the Brantford and District Civic Centre.

Every hour, MacNeil — or one of the other three drivers at the arena — drives the Zamboni onto the ice. He guides the machine through its job of shaving a layer of ice away and spraying a coating of water over the surface, which refreezes smooth and clean. He frequently measures the thickness of the ice and uses slush to do serious repairs.

The other 50 minutes of every hour he's on shift, MacNeil helps run the arena by checking on the refrigeration system, tidying up and doing odd jobs.

Although the kids at the rink today have no memory of The Iceman, they often ask for his autograph.

"There's something so unique and cool and fun about watching this machine take all that snow that the players have made and in 10 minutes restore the ice to what it was. It's such a fun thing to watch."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The **Lowdown**

Job title: Zamboni driver/certified ice technician
Salary: $35,000 to $45,000
Education/Training: A certificate from a provincial organization such as the Ontario Recreation Facilities Association
Best Part of the Job: "Driving around the rink and seeing the kids giving you the thumbs up and cheering for you."
Worst Part of the Job: "Plugged toilets."

People are kinder when watched: UBC

MONICA MARTINEZ
for Metro Canada

People are more generous and helpful when someone is watching, according to a study by a University of British Columbia psychology professor.

Ara Norenzayan and grad student Azim Shariff researched whether belief in God encourages people to be helpful.

The paper titled "The Origin and Evolution of Religious Pro-sociality" includes reviews of studies in anthropology, economics and psychology and research conducted at UBC.

It found that in secular societies behaviour is monitored by laws but in religious societies God acts as a "supernatural watcher."

"We found that when talk of God is activated at the moment of decision making, there is increased generosity among religious people," Norenzayan said.

Among non-religious subjects, people were more helpful when their actions are being watched by police and judges.

"B.C. is the least religious province in Canada and Vancouver the least religious city," he said.

The paper was published in the Oct. 3 issue of Science Magazine.

In **brief**

ELECTION The swing vote does not decide elections, a UBC economist concluded in a report released last week. What is more important is turning non-voters into voters and ensuring the people who normally vote for a party come out and vote again for that party, according to Werner Antweiler.
TOP EMPLOYER Simon Fraser University was named one of Canada's Top 100 Employers for the second year in a row by Mediacorp Canada Inc.

–MONICA MARTINEZ

WHAT'S YOUR SIGN?
Take Five daily, to find out what your horoscope says.
metronews.ca metro Do it daily.

G4S Security Services (Canada) Ltd.
The Leading International Security Provider
FT & PT positions
Must have BST 1 & 2
604-661-0313 fax: 604-683-0621
email: kevin.paxman@ca.g4s.com

Earn $10,000 Per Month
Drive a Mercedes Benz
Wear Tailor Made Clothes
Go To:
www.RetireWithCarla.com

Start Your Career in 3-6 Months
- Resident Care Attendant
- Hospitality/Hotel Management
- Become a Bank Teller
- IT Professional Certification
- Business or Office Admin / Accounting & Payroll
- IT/Network Administration & Internet Security

Scholarships & Student Loans Available
Food Safe 1 $55 - 1 Day
Royal Canadian Institute Of Technology
508 Kingsway, Vancouver
www.rcit.edu 604-879-5676

START NOW!
Customer Service and Telesales Professionals
Established in 1989, Startec is a leader in international long distance phone services. We are looking for positive and courteous individuals to handle inbound & outbound calls - respond to existing customers, cross-sell products and update customer information.
- Excellent communication skills required. Fluency in a second language an asset.

Customer Service: Serbian/Bosnian/Croatian, Spanish Vietnamese, Polish or Russian
Sales: Farsi, Polish, Spanish, Vietnamese or Serbian/Bosnian/Croatian
- Shifts 20-39 hr./wk; some weekend shifts available.

Earn competitive base pay plus:
- Benefits* including health, dental, visioncare & 100% prescriptions: (family coverage available) (*must work 24hrs/wk)
- Sales incentives & bonuses
- Paid training
- Employee discounts of 25% off long distance
- Translink Employer Pass Program
- Great working environment!
- Downtown near SkyTrain

Please specify Customer Service or Telesales in your email. Email resume quoting Job 1732 to careers.Vancouver@startec.com
startec

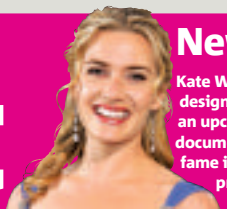
Find the career you really want
Get paid what you're worth
Call us now...
- Uncovering hidden career opportunities
- Identifying and obtaining the right position
- Mentoring until you are secure and settled in you new position

Since 1975, Vancouver's most experienced Career Transition Services for Management, Business and Technical Professional.
Phone today for a helpful, confidential, no fee, no obligation meeting. Call: 604-689-0202
CareerPlan
The Career Transition Specialists
CareerPlan | 420 – 1090 West Pender Street | Vancouver | www.careerplancan.com |

Adecco Open House!
Work close to home! Tuesday, Oct 7th, from 9am – 1pm. Lots of work available! Positions include data entry, receptionists, administrative assistants, office clerks, general labour, warehouse, shipper/receiver, order picker/packer, forklift.
Bring a resume, 2 work references and your SIN card!
Adecco Branch
Suite #1650 – 505 Burrard Street, Vancouver, 604-669-1203
Adecco better work, better life

Gossip Girl's new guy
John Patrick Amedori is set to appear in four episodes of Gossip Girl (the first airs Oct. 27) as Aaron Rose, a new beau for Blake Lively's Serena van der Woodsen. PEOPLE.COM

Entertainment



New Designs
Kate Winslet is to play fashion designer Vivienne Westwood in an upcoming movie, which will document Westwood's rise to fame in the 1970s to the present day. IMDB.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Reading by **Lightning**

Author: Joan Thomas
Publisher: Goose Lane Editions
Price: $22.95 (Paperback)

Long time Globe and Mail book critic Joan Thomas turns the tables by releasing her first fictional work, Reading by Lightning. National Magazine Award winning Thomas introduces the maturative first-person narrative that follows Lily Piper. She's the Prairie-born daughter of devoutly religious parents whom she can't help but deviate from. Her variance only increases when she moves to England to care for her grandmother shortly before the Second World War breaks out. Despite uncertainty about her own future, Lily struggles to grow into her own skin and beat a path into adulthood.

Brian Coulton/for Metro Canada

Read about books Olive Kitteridge and Smart Cookies' Guide to Making More Dough at metronews.ca

In **brief**

BOX OFFICE 1. Beverly Hills Chihuahua, $29 million US; 2. Eagle Eye, $17.7 million; 3. Nick and Norah's Infinite Playlist, $12 million; 4. Nights in Rodanthe, $7.4 million; 5. Appaloosa, $5 million. REUTERS

DeGrassi rings the bell

High school drama enrols new students

As DeGrassi: The Next Generation rolls into its eighth season, it's introducing, well, a next generation.

A fresh new class of brainy Grade 9 overachievers is among the changes coming this season (which premiered last night on CTV) on a series that continues to chronicle teen angst and channel it out to millions of acne-obsessed fans around the globe.

With seven seasons in the can, long-time executive producer Linda Schuyler said the show's creative team "decided to stir up the school right from its very heart."

"It's almost like seven years is a generation. One of the things we were thinking about as we went out to plan our Season 8 was to bring new life into the school," she said.

"I don't think there's been a year since the first season that we were so committed to such a big influx of younger students. We've introduced one or two here or there, but this is a big influx of students and we were very committed to having a strong presence of the ninth graders," Schuyler said of the decision to bring in nine new faces. The eighth season will also follow the tribulations of dorm life for three veteran cast members who've graduated to Smithdale College.

Another big change is the replacement of level-headed principal Mrs. Hatzilakos with a new guy, The Shep, a brash, football-loving jock whose disdain for scholarly pursuits will put him at odds with the existing administration.

Producers are also working on a story arc that takes some of the cast members to Hollywood, where they'll hook up with two long-time DeGrassi fanatics, director/actor Kevin Smith and Jason Mewes.

TORSTAR NEWS SERVICE

CTV PHOTO

Dalmar Abuzeid as Danny and Nina Dobrev as Mia in a scene from DeGrassi: The Next Generation.

Book clubs blend love of reading with socializing

BY RAF BRUSILOW
for Metro Canada

Reading may be a private experience but sharing its joys doesn't have to be.

Book clubs can be a great way to combine a love for books with a fun social setting that lets you celebrate great books by probing their depths with like-minded people.

Lisa Huie, spokesperson for Indigo Books & Music Inc, says book clubs have evolved into full-fledged intellectual escapes shared by adults with a love of reading, a far cry from the after-school homework crowd.

"They've become a really great social activity that connects people with common interests," Huie said.

The growth in popularity of book clubs in recent years certainly owes a debt to daytime host and admitted book-lover Oprah Winfrey, who almost single-handedly resurrected the practice in the mid-1990s with her own book club segment on her popular talk show.

A new survey by Indigo shows fall is the biggest reading season as the colder weather starts to push people and their activity plans indoors. The survey also found an average book club has eight members and reads roughly eight books per year.

If you plan to start your own book club, Huie suggests planning ahead but keeping it mostly casual.

Other tips:

- Make sure your book list is selected democratically — allow every member to choose at least one book for the club to read.
- Aim for ambiance and comfort: scented candles, comfortable seating and plenty of tea will go a long way to keep members happy and relaxed.
- Offer munchies — themed, if possible. How about a buffet of healthy, savoury treats for a session on Michael Pollan's eating manifesto In Defense of Food?

Karen and Jack are back

Former Will and Grace co-stars Megan Mullally and Sean Hayes are set to star in a spinoff of the hit comedy. The pair will reprise their roles in Karen and Jack, which is in development at NBC. METRO NEWS SERVICES

TV debates face off

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

"Every candidate seemed to have gone in with some folksy catchphrase or gotcha punchline loaded and chambered."

ARGUING FOR DOLLARS: Scheduling the English leaders' debate the same night that the U.S. vice-presidential candidates faced off might have been a dumb move, but it was a typically Canadian one, kind of like putting an Air Farce special up against the season finale of Lost, complaining that there was, of course, never a chance in hell of comparable ratings, and even taking perverse pride in the humiliation as a Canadian identity-building exercise.

You had to admire the Pollyannaish pluck of Steve Paikin, moderator of the Canadian debate, just before the credits began rolling, when he blurted out that "This was way better than Biden and Palin, I'm sure of it!" The funny thing was that he was kinda right.

The formats couldn't have been more different — a stately stand-up at dueling podiums that allowed candidates to state and re-state their positions and respond at length versus a roundtable pile-on that resembled the family dinner you're still trying to forget more than any coherent discussion.

Anyone who still cherishes the self-serving but deluded myth that Canadians are more civil than our American neighbours — which is to say anyone who's never witnessed the medieval bear-baiting that is Question Period on Parliament Hill — should have had that definitively debunked after Thursday night.

Every candidate seemed to have gone in with some folksy catchphrase or gotcha punchline loaded and chambered: "You panicked!" "I call that the ultimate bridge to nowhere." "Laissez-faire, I don't care." "Joe Six-Pack, hockey moms." "I want my Canada back!" "Say it ain't so, Joe!"

It was like they were competing to write gags for the inevitable Saturday Night Live or Rick Mercer parody to come, though the fact that SNL had theirs ready to air two days later is probably an endorsement of private versus publicly-funded broadcasting.

Bloc Quebecois leader Gilles Duceppe had no real reason to be there except protocol, but his stinging observation that at least he wasn't under any illusion that he'd be prime minister one day — unlike the other three candidates not named Harper — was a welcome shaft of clarity and light through a fog of rhetoric and slap-fighting.

Sarah Palin might not have deprived Tina Fey of any material to work with, but she blew past any idea that she's a lightweight on the campaign trail, and Joe Biden probably regretted his apparent decision not to risk coming off as a bully.

By the end, though, I'd gotten bored with the U.S. debates as the candidates started to sound like tired fighters swinging blindly at each other, while the Canadian debates remained gripping — if horrifying — theatre right till the end.

The fact that I was able to watch both — viewing one live and TiVoing the other for later, with pauses to replay, write notes and hit the john — instead of making a hard choice between the two did, however, make me long for the pre-VHS, 8-channel dawn-of-cable world of the '70s, a near-luddite nostalgia for which I was completely unprepared.

Rick McGinnis writes about music, movies, books and television, but not opera.

Complaining: A salve for sore times

HineSight

Anne Hines

"Until recently, I've lived life by one deeply truthful saying. 'That which does not kill me, makes me whinier.'"

I'm a great believer in inspirational sayings. Little phrases that sum up what life's truly about and the attitude you want to bring to it. Like, "When life gives you lemons, break out the gin and tonic." Or "I'm worth it. At least once it goes on sale."

Until recently, I've lived life by one deeply truthful saying. "That which does not kill me, makes me whinier."

But now, I've seen the light. And it's purple.

I was flipping television channels on the kind of night when you realize that if you're watching Yugoslavian women's volleyball finals it means you're just too tired to go to bed. I came across one of those southern Baptist evangelical preaching shows. I love those shows. The world seems a simpler place when you take out all those confusing issues like choice and thinking.

Anyway, this minister was promoting a new purple bracelet campaign. He explained that what's wrong with the world isn't poverty, violence, injustice or not being able to take a deep breath twenty years from now.

Apparently, what's wrong is that we all complain too much.

Complaints are bad. They are "peace harmers." You see, this is where this program is helpful because previously I thought they were opinions.

So, what we do is order one of these purple plastic bracelets, which I did, and every time we complain we move the bracelet from one wrist to the other.

This is supposed to train us not to complain any more, which sounds easy but it's actually really hard. You see? That was complaining. I have to move my bracelet.

A woman on the TV program said that she managed not to complain for a month. Unfortunately, her husband told her she was no fun. It didn't say if she was fun before that. Some people aren't. Wait. Is that complaining? I have to move the bracelet. But maybe it's just telling the truth. I should move it back. This is complicated. Shoot. I have to move it again.

This is making me nuts. Shoot. Other wrist. And, isn't complaining sometimes "peace enhancing"? Letting off steam is all that gets us through some of life's trickiest situations, like driving in traffic or attending family gatherings. At least without police intervention.

I'm moving the bracelet. To the trash bin. But it's amazing how well that thing worked. I feel more peaceful already.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

In brief

STRIKE A strike in India's Bollywood film and TV industry is over after executives agreed to implement better pay and working conditions.

AWARDS Actors Don Cheadle and Tilda Swinton, and filmmaker Stephen Frears will be honoured by the British Academy of Film and Television Arts/Los Angeles at a ceremony in Hollywood in November.

IMDB.COM

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 10/6/08	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Dragon's Den (N) (CC)		The Border (N) (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News (N)	The Insider	'Til Death (N)	How I Met	How I Met	Worst Week	Boston Legal (N) (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Mandarin News		Cantonese News (N)		Punjabi News (In Punjabi N)		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	Dancing With the Stars Celebrities perform. (Same-day Tape)				CSI: Miami (N) (CC)		News (N)
	-	-	10 OMNI	Scrubs (CC)	According-Jim	Stargate SG-1 (CC)		Privileged (CC)		The Daily	Perspectives	New Day
	252	336	11 GTV	Entertainment	ET Canada	Prison Break (N) (PA) (CC)		Heroes "I Am Become Death"		Life (N) (CC)		News (N)
	256	389	12 VI	Robson Arms	TMZ (N) (CC)	Sarah Connor Chronicles		Two/Half Men	Two/Half Men	America's Toughest Jobs (N)		News (CC)
	253	359	13 CITY	Law & Order: SVU		Chuck (N) (CC)		Celebrity Fit Club (CC)		Curb-Enthsm	Role	EP Daily
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Gossip Girl (CC)		Privileged (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami (N) (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Chuck (N) (CC)		Heroes "I Am Become Death"		Life (N) (CC)		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	How Clean	House	Love It or List It (N)		Real Est	Kim	House
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Dancing With the Stars Celebrities perform. (Same-day Tape)				Boston Legal (N) (CC)		News (N)
	-	-	23 KVOS	M*A*S*H	Seinfeld	Open Water ★★★ (2003) Blanchard Ryan, Daniel Travis.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		American Experience Jimmy Carter captured the White House in 1976.				
	290	382	28 FOX	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		Prison Break (N) (PA) (CC)		News (N) (CC)		Family Guy
	-	364	43 PBS	(6:00) American Experience "Jimmy Who?; Hostage"				Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
	296	654	34 SBK	Frasier (CC)	Frasier "IQ"	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	Gossip Girl (CC)		Privileged (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	Accordin-Jim	Sex and-City	Friends (CC)	Will & Grace	My Wife-Kids
	297	652	37 WPX	CW11 News at Ten		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	According-Jim	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		ET Canada	Entertainment	(:45) The Unit "Sacrifice"	
news	502	390	29 NW	Carbon Traders		CBC News: The National (N)		CBC News: The National		Carbon Traders		The Hour
	500	500	53 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	(6:30) MLB Baseball Division Series -- Teams TBA. (Live)						Sportsnet Connected		Sportsnet
	400	400	60 TSN	NFL Football: Vikings at Saints			SportsCentre (Live) (CC)		UEFA Weekly	NASCAR Racing		SportsCentre
	411	457	49 OLN	Departures "Canada" (CC)		Pilot Guides "Northern Italy"		Don't Forget Your Passport		Mantracker "Chris and Brock"		Departures
	410	403	54 SCR	WWE Monday Night Raw		(:15) Score Tonight		WWE Monday Night Raw (CC)				Cabby Unlimit
	417	406	55 SC	Barrett-Jackson		Pinks	Pass Time	This Week in NASCAR		Big Shots: Titans at the Tee		Auctions
	416	409	144 GLF	(6:00) Fútbol		Gol TV News		2010 Report		Paid Program	Kings Club	Gol TV News
family	552	543	42 YTV	Malcolm-Mid.	Home Imp.	Malcolm-Mid.	Fresh Prince	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline	Mystery Hnt.
	555	545	50 TEL	George	Bugs Bunny & Tweety Show		6teen	Total Drama	Futurama	American Dad	Chicken	Life's a Zoo
	557	541	51 FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	65 TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin (CC)	Big Comfy
cable variety	268	354	5 KNO	Undersea	Landscape	Hockey: A People's History		Vienna 1900 Austrian capital.		Toxic Trespass (N) (CC)		Haida Art
	575	583	20 CMT	Hope & Faith	Hope & Faith	Ultimate Garth: Hits		Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24 MM	VH1 Hip Hop Honors (N)				VH1 Hip Hop Honors				MuchVibe
	600	564	25 H&G	Income Prop.	House	Holmes on Homes (CC)		Property	Marriage	Income Prop.	My First Place	Home to Stay
	615	520	31 A&E	Intervention Alcohol addiction.		Meth in the City Use of meth.		Intervention Alcohol or family.		Intervention "Dan" (CC)		Intervention
	628	584	32 SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: NY "Happily Never After"		Star Trek: Voyager (CC)		Bullrun (CC)
	521	560	34 TLC	17 Kids-Count	17 Kids-Count	Kids by the Dozen (CC)		Jon & Kate	Jon & Kate	17 Kids-Count	17 Kids-Count	Little People
	616	522	39 SHO	Love-Death	Love-Death	Painkiller Jane "Fear Itself"		Kenny-Spenny	Rent-A-Goalie	Name Is Earl	Name Is Earl	Name Is Earl
	620	523	40 BVO	(6:00) Dance	7 - Solvents	Law & Order "Tango" (CC)		Without a Trace "Res Ipsa"		I Like It Like That ★★★ (1994) (CC)		
	601	562	41 SLC	Project Runway		Til Debt-Part	Newlywed	People	Party Mamas	Project Runway		Trading Sp
	520	505	42 DIS	Dirty Jobs (CC)		Daily Planet (CC)		Verminators (CC)		Dirty Jobs (CC)		MythBusters
	522	506	44 HIS	NCIS "High Seas" (CC)		Beyond The Da Vinci Code (CC)				NCIS "High Seas" (CC)		Crime Stories
	627	528	45 SPC	Eureka (N) (CC)		Stargate SG-1 "Stronghold"		Lost "...In Translation" (CC)		Star Trek: Deep Space Nine		Star Trek
	294	650	47 TBS	MLB Baseball Division Series -- Teams TBA.			MLB Post	Name Is Earl	Name Is Earl	Sex and-City	Sex and-City	Lara Croft-Life
	619	525	48 TROP	TV Made	Very Bad Men (CC)		What	Make	TV Made	Planet Soap	Reality	Final 24 (CC)
	603	561	52 FN	Kitchen Nightmares (CC)		Restaurant Makeover (CC)		Challenge (CC)		Good Eats	Ace of Cakes	Nightmares
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	The Cho Show	Simple Life	Daily Show
	320	621	60 CEN	Stargate Atlantis (CC)		Californication	Little Britain	28 Weeks Later ★★★ (2007) Robert Carlyle.			(:45) Death Proof ★★★ (CC)	
	581	566	101 MTV	The Hills	After	MTV Live	MTV News	Man and Wife	The Hills	The Hills	After	MTV Live
	261	394	102 V	The Corporation (CC)		Mysterious Ways (CC)		Prime Minister	May-Dec.	McLeod's Daughters		Paid Program
	-	-	108 MUL	Matchmaker	Daughters	It Will Be Difficult to Love		Marimar		Pinoy: That's Entertainment		Patrol World

critics'corner

CSI: Miami

So much for doctor-patient confidentiality. When the daughter of Delko's (Adam Rodriguez) therapist is murdered, Horatio (David Caruso) and the rest of the CSI team must find the killer before Delko's darkest secrets are exposed in the new episode "How Does That Make You Kill?" Frankly, we'd rather hear about Horatio's secrets. 10 PM on CBS CTV

American Experience

"Jimmy Carter" profiles the former Georgia Democratic governor who was elected president of the United States in 1976 in the wake of the tumult of Watergate. To tell his story, producer/writer/director Adriana Bosch and co-producer David Condon talk to Carter's wife, Rosalynn, son Chip, former Vice President Walter Mondale, press secretary Jody Powell and others who knew the public and private man. 6 PM on PBS

Stern marries longtime girlfriend

Radio shock jock Howard Stern and his longtime girlfriend Beth Ostrosky were married in New York City on Friday night, according to guests who attended the celebration. PEOPLE.COM

Celebrity Buzz

Miller getting over her fears

CELEBRITY Sienna Miller has conquered her phobia of watching herself on screen, femalefirst.co.uk reports.

"I used to be a lot more uncomfortable with watching myself on screen," the actress says. "You just have to relate it to when you hear your voice back on a tape machine and go, 'Oh God!' Multiply that by about 10,000 when you're watching yourself on a big screen. Now I try and be a lot more objective. There are certain bits that you look at and go, 'Eugh!' but I think it's almost more narcissistic to be like that. I'm trying to see it as a collaborative piece of work."

Miller also said she has no intention of slowing down, and intends to star in as many movies as possible.

"So everything is busy at the moment, and fortunately I seem to have limitless amounts of energy," she says. "I don't know how I do it, but I can just keep going."

METRO NEWS SERVICES

Pink's dating drought

DATING Pink "never" goes on dates, femalefirst.co.uk reports. The singer, who separated from husband Carey Hart earlier this year, prefers to meet men in less pressurized situations.

"I meet boys all over the place. It's just that I don't ever go on dates. I have never been on a date. I don't believe in that, it has to be organic. A barbecue, a show or whatever. I have never met anybody in a bar," she says.

However, Pink also revealed she has a number of friends who are attempting to persuade her to start dating. "Lately I have been hearing from a lot of people, like married couples, who have met in a bar," she says. "I'm always amazed. So maybe that is where I am going wrong."

METRO NEWS SERVICES

Halliwell wants a baby

FAMILY Geri Halliwell wants a baby with her dancer boyfriend, femalefirst.co.uk reports.

The former Spice Girl, who already has two-year-old daughter Bluebell Madonna with scriptwriter Sacha Gervasi, is keen to have a child with Ivan "Flipz" Velez, but is reportedly prepared to be a single mother again if their relationship ends.

"She wants a second child soon and says that if she falls pregnant with Flipz then it wouldn't be a problem," a source says. "At the moment they are besotted with each other and Flipz is keen on having a child with her."

Halliwell, who began dating Velez after he worked as a backing dancer on the Spice Girls reunion tour, is confident her beau will make a great father because he has bonded so well with Bluebell.

"He wants to be a permanent fixture in her life and Geri loves the fact he gets on so well with Bluebell," the source added. "She's got a perfect family unit and a baby would be the icing on the cake."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Baron Cohen strikes again

FILM Comedian Sacha Baron Cohen was ejected from a catwalk show during Paris Fashion Week in France on Friday, after climbing on stage and attempting to slip a note to the models, imdb.com reports.

Cohen is filming scenes for his new movie Brüno: Delicious Journeys Through America for the Purpose of Making Heterosexual Males Visibly Uncomfortable in the Presence of a Gay Foreigner in a Mesh T-Shirt.

Dressed as his camp alter-ego Bruno, he attempted to carry out his latest stunt at the Jc De Castebajac show — scenes which are suspected to feature in his forthcoming comedy.

But he suffered a setback when the models and audience ignored his presence and continued despite the disturbance. Staff promptly ejected Cohen, in what is his fourth attempt to disrupt a fashion show.

Dressed as Bruno, Cohen twice crashed shows at Madrid Fashion Week in Spain and was also thrown out of a show in Milan, Italy last week after storming the runway and strutting along the catwalk — prompting organizers to call the police.

METRO NEWS SERVICES

celebrity briefs

McConaughey's new clothing line

FASHION Actor Matthew McConaughey has just launched a brand-new online store for his clothing line j.k. livin, People.com reports. The name takes its inspiration from McConaughey's 1993 film Dazed and Confused, while his father is the man stenciled into the line's logo. Jklivinstore.com has apparel for men and women, including sweatshirts and T-shirts, as well as accessories, infant onesies and even frisbees and wristbands. In the next few weeks, expect to see more T-shirt designs and sweatbands with music downloads, gift cards, foundation donations and more to roll out in the future.

METRO NEWS SERVICES

Hurley a country gal at heart

LIFESTYLE Elizabeth Hurley has gone country, People.com reports.

Inspired by her life with husband Arun Nayar and son Damian, 6, on their bio-dynamic farm in the English countryside, the actress-model, 43, tells People, she is "developing a line of products … with a view that they're not only going to be healthy, because they're organic, but I'm obsessed that women find alternatives to eat which are low in fat."

She says her organic farm produces low-fat products, which may help reduce the risk of breast cancer.

METRO NEWS SERVICES

"This makes no sense at all..."

by Joe O'Neill

One of the more inspiring ongoing sagas of modern times is the valiant struggle of ex-Spice Girl **Geri Halliwell** to remain somewhat relevant. The latest news finds the utterly talent-deprived gorgon in the news for, uh, maybe wanting to have a baby with her kind-of boyfriend who's also a good dancer.

OK, Geri, I get that you think this **"Flipz"** guy will make a great parent because he "bonds" so well with the unfortunately named child you already had with old Whathisnamewhocares, but maybe you and the Flipster should start with something that isn't a living, breathing, human being as a token of how much you sort of dig each other. Like, say, buttock tattoos of one other's names rendered in Chinese characters.

What's that you say? Tattoos aren't quite the "icing on the cake" that a baby is? Well, you've got me there, but I tend to think you'd be better off actually being physically ground into a granular paste, spread on a bunt cake, and eaten by **Hannibal Lecter**, than being the child of any parent egocentric enough to speak of you as icing on her cake. Especially if her name is Geri and she makes you listen to her old CDs.

I'm fairly certain that the words, "Your honour, Geri Halliwell is my mother," would go a long way toward absolving you of any criminal responsibility.

NEWSDESK@METRONEWS.CA

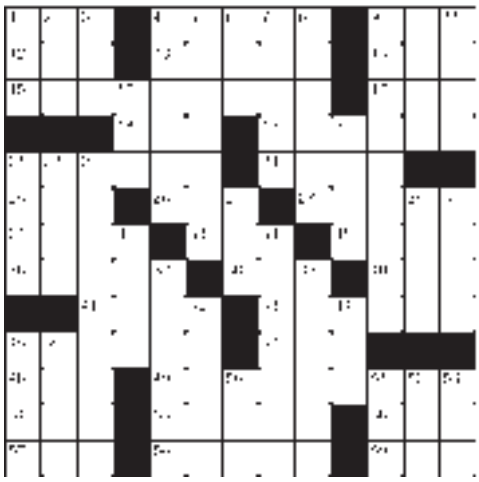
8 Week Trial Offer
PLUS get an additional
4 Weeks FREE
• Immediate results! Lose up to 20lbs* in 6 weeks
• Eat your favorite foods and still lose weight
• No gimmicks, no magic pill. An eating plan that WORKS!
Christy Daurie
LA WEIGHT LOSS Works!
8 Week Trial Offer PLUS get an additional 4 Weeks FREE**
LA Weight Loss Centers
www.laweightloss.com
1-888-353-SLIM(7546)
Call Now for a FREE Weight Loss Consultation!
*Achieving and maintaining weight loss, and achieving a specific amount of weight loss, depends on numerous individualized factors. Your results will differ based on your overweight status. Results are not typical. Some additional conditions apply, see centre for full details. Offer valid Oct. 6 - 11th.
LOSE 30lbs BY CHRISTMAS GUARANTEED
Convenient Locations to Serve Your Needs • Call for Centre Hours
Vancouver • Burnaby • New Westminster • Richmond • Surrey • Newton • N. Delta • Langley • Coquitlam
N. Vancouver • Maple Ridge • Pitt Meadows • Abbotsford • Nanaimo • Victoria

The Weather Network 20 YEARS
©The Weather Network 2008

Today Rain 70% 14° / 11°
Tuesday Showers 80% 13° / 8°
Wednesday Showers 60% 12° / 8°

NOW OFFERING TRAFFIC ON YOUR MOBILE!
Download TrafficEye Mobile™ at theweathernetwork.com/mobile

Take Five



Crossword across

1 Fizzle
4 Senior moments?
9 Earl Grey, e.g.
12 Swiss canton
13 Pass the baton
14 Peruke
15 Stand-up comic's repertoire
17 Raw rock
18 Peron or Gabor
19 Puts into words
21 Honour
24 Half (Pref.)
25 "Go, team!"
26 Roman X
28 Impersonate
31 Occupant of a pink nursery
33 Pooch
35 Carthaginian queen
36 Slumber
38 Vacillate
40 "Smoking or —?"
41 Dumbo's "wings"
43 Ungracefully tall and thin
45 Marionette
47 Movie-cataloguing org.
48 Rd.
49 Poker player's bluff
54 Meadow
55 Golfer Palmer, to fans
56 Schuss
57 Consume
58 Frankfurter side dish
59 Storm center

Crossword down

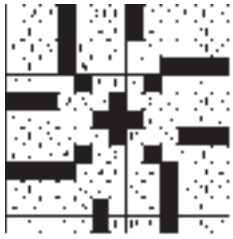
1 Pair
2 Samovar
3 Conk out
4 Hedge shrub
5 Changed the title
6 Bullring bravo
7 Swampy area
8 Method
9 Being unfaithful to
10 Leprechauns' land
11 Quite some time
16 Sheltered side
20 Surrounded by
21 Work units
22 Take to the lake
23 Win after win after win
27 Present
29 Pedestal occupant
30 Rabbit
32 Bound
34 First man in space
37 Quick-to-build house
39 Blunders
42 Mall unit
44 Zero
45 Ashen
46 Layer of 59-Across
50 Italian article
51 Work with
52 Firmament
53 Waste no time

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	4		1	3	2		9	
3								8
		2				6		
9	8		2		7		6	1
				4				
4	5		9		8		3	2
		1				9		
5								6
	6		8	7	5		1	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	1	2	4	5	8	9	7	6
6	7	4	3	2	9	8	5	1
8	5	9	1	7	6	4	2	3
1	6	8	2	4	5	7	3	9
5	2	7	9	6	3	1	8	4
9	4	3	7	8	1	2	6	5
2	3	5	8	9	4	6	1	7
7	9	1	6	3	2	5	4	8
4	8	6	5	1	7	3	9	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Recipe of the day

Lamb burgers with fruit relish

INGREDIENTS:
1 lb (500 g) lean ground lamb
1 medium carrot, peeled and grated
1 small onion, finely chopped
1/2 cup (125 mL) fresh whole-wheat bread crumbs
Pinch of freshly grated nutmeg
2 tsp (10 mL) fresh thyme leaves or 1 tsp (5 mL) dried thyme
1 large egg, beaten
2 tsp (10 mL) olive oil
4 whole-wheat English muffins
Salt and pepper
Shredded lettuce to garnish

RELISH:
1 orange
1/2 cup (125 mL) fresh or thawed frozen raspberries
2 tsp (10 mL) sugar

METHOD:
1. Preheat barbecue or oven broiler. Put lamb into large bowl. Add carrot, onion, bread crumbs, nutmeg and thyme, and season with salt and pepper. Mix well. Add egg and mix ingredients with your hands.
2. Divide mixture into 4 patties. Brush both sides of burgers with oil, then cook for 4 to 5 minutes per side.
3. For relish, cut peel and pith from orange with a sharp knife, and holding it over a bowl to catch juice, cut between membranes to release segments. Roughly chop segments and add them to juice. Add raspberries and sugar, lightly crushing fruit with fork to mix.
4. Split English muffins and toast lightly. Put a lamb burger on each muffin, add lettuce to garnish and a spoonful of relish. Serve with remaining relish.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!
Reader's Digest ON CALL FOR YOU

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A persistent suitor rises above difficulties. Disturbing news arrives about misfortune. A daring adventure will be suggested.

TAURUS
APRIL 21-MAY 21
Manage your talents well to contribute to your future. Crazy-making regulations must be changed. Strong friends are best for what ails you.

GEMINI
MAY 22-JUNE 21
Think twice before leaping into the unknown. You'll be vindicated by someone who cares. Don't expect to be told what to do.

CANCER
JUNE 22-JULY 22
If you start a commotion, good ideas will flow. Speak carefully when confronted by a quirky person. Change a relationship with a bad guy.

LEO
JULY 23-AUG 23
A frantic guy will become comical. An explanation for poor conduct will be found. A loser is looking for love.

VIRGO
AUG 24-SEPT 22
Time will tell if the truth has been told. Face your fear to let go of your inhibitions. People will come forward with practical help.

LIBRA
SEPT 23-OCT 23
Stay at home and have second thoughts. The best policy is to count your blessings and let sleeping dogs lie. An older woman will remind you of a promise.

SCORPIO
OCT 24-NOV 22
A fantasy comes true in a love affair. Turn the other cheek when something said in secret gets back to you. Sympathy will lead to a long chat.

SAGITTARIUS
NOV 23-DEC 21
Meeting a tense friend changes your attitude. Lucid objections will be raised. Accept an offer that bails you out of a bad situation.

CAPRICORN
DEC 22-JAN 20
Negative thoughts will inhibit actions. Don't deny past adventures due to fear. Thoughtfulness will touch your heart.

AQUARIUS
JAN 21-FEB 18
Give something away to have a happy time. This is the perfect day to heal old wounds. Merriment will cause your concentration to falter.

PISCES
FEB 19-MARCH 20
You'll run into a past love. Secret messages will be received. Common sense is a good alternative to being anxious.

metro is available at your neighbourhood Blenz.
Read, relax and enjoy!
BLENZ COFFEE

FLIGHT CENTRE Unbeatable
JAMAICA 7 NIGHTS
FROM $799
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. UPGRADE to 5-star accom from $79 per night.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex Vancouver. All airfares are roundtrip unless otherwise stated. Air only prices are per person. Package and cruise prices are per person, based on double occupancy. Transportation related fees, taxes and GST are excluded. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. For full terms & conditions, see tour operator brochure. B.C. Reg. #HO2790

BC POKER CHAMPIONSHIPS
TEXAS HOLD'EM POKER
NOV. 16 - 23
RiverRock CASINO RESORT RICHMOND
www.bccasinos.ca
Call 604-247-8983 to register today.
bclc Know your limit, play within it. 19+

We'll match what you save.

Enrol in the new *Bank The Rest*™ savings program and save up to $100 more†

With *Bank The Rest,* every time you pay with your Scotiabank debit card, your purchases are rounded up and the difference is transferred into a savings account. And when you open a ***Scotia One***™ account before November 2, 2008 and enrol in the *Bank The Rest* savings program, we'll match what you save up to $100. So when you spend, you save. And you save some more.

banktherest.com

You're richer than you think.®

Scotiabank®

™ Trademarks of The Bank of Nova Scotia. ® Registered trademarks of The Bank of Nova Scotia. † To be eligible for the up to $100 match up offer you must be a Canadian resident aged 19 or older, open a new *Scotia One*™ account between September 15, 2008 and November 2, 2008 and be enrolled in the *Bank The Rest* savings™ program including a *Money Master*® Savings Account. To receive the match up bonus you must maintain the *Scotia One* account, *Money Master* account and be enrolled in *Bank The Rest* until April 30, 2009. The match up bonus will be deposited to the *Money Master* account on May 15, 2009. Only one matching bonus will be credited for an eligible *Scotia One* account, regardless of whether the account is held by more than one person. This offer cannot be combined with any other offer and is not available for *Scotia One* accounts with a fee waiver. Scotiabank reserves the right to extend, cancel or withdraw this offer at any time without notice. Full terms and conditions are available at your branch or at banktherest.com
Bank note images used and altered with permission of the © Bank of Canada.